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# Developing Implementation-Ready Technology to Support Measurement-Based Care in Addiction Treatment

**Kevin Hallgren**

University of Washington  
Seattle, WA 98195, USA  
khallgre@uw.edu

**Abstract**

This “social paper” introduces the author’s research on technology-enhanced addiction treatment.

**Author Keywords**

Addiction; treatment; progress monitoring

**ACM Classification Keywords**

• **Human-centered computing**~**Empirical studies in HCI**

**Overview**

Substance use disorders (SUDs) are a major public health concern. Research in general mental health (not SUD-focused) has shown that routinely measuring and reviewing quantitative indices of patients’ treatment progress – also known as measurement-based care (MBC) – improves clinical decision-making, patient-provider collaboration, and clinical outcomes (Hallgren et al., 2017). The author is currently working with public and privately-funded SUD treatment clinics to extend this work by designing and testing digital technology that will support MBC in the context of SUD treatment. Research will aim to understand clinicians’ workflows, treatment approaches, and desires around MBC technology. Feasibility, usability, and usefulness of the new MBC technology will be evaluated in a small pilot study with frontline clinicians and patients in addiction treatment. This research is supported by the National Institute on Alcoholism and Alcohol Abuse (NIAAA).

**References**

1. Hallgren KA, Bauer AM, Atkins DC (2017) Digital technology and clinical decision-making in depression treatment: Current findings and future opportunities. *Depression & Anxiety* 34, 494-501.